

Comparison of Mental Health, Emotional Regulation, Attachment Style and Marital Conflicts in Fertile and Infertile Women

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The purpose of this study was to compare mental health, emotional regulation, attachment styles and marital conflicts among fertile and infertile women in Talesh. For this purpose, 80 fertile and 80 infertile women referred to counseling center or city health center in 2018 were selected as the subjects and were selected by non-inferential sampling method. In order to investigate the variables of the subject, the Hazen and Shaver attachment style questionnaires, Barati and Sari marital conflicts, Mental health of Dragattis and Zikelsorak, and Garanovsky and colleagues' emotional regulation were used. SPSS software and MANOVA were used to analyze the collected data. The results of this study showed that there is a significant difference between marital conflicts and mental health among fertile and infertile women living in Talesh city with significance level of 0.000 and 0/014 (P

Keywords : Mental health, emotional regulation, attachment styles, marital conflicts, fertile and infertile women

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