

Role of Emotional regulation, Social support and Locus of control in predicting the psychological state of elderly people with diabetes

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Abstract Diabetes is one of the most common chronic diseases in the elderly and Psychological factors such as emotional regulation, social support, and Locus of control play an important role in managing and controlling it. The aim of this study was to determine the role of emotional regulation, social support and Locus of control in predicting the psychological status of elderly people with diabetes. The research method is descriptive correlation and predictive equation. The statistical population of the study consisted of all elderly people with diabetes who referred to the charity support organization of diabetic patients in Guilan province in the last quarter of 2018 in 1400 people. Of this, 250 subjects were ed using available sampling method and according to the entry and exit requirements of the research, and depression, anxiety, stress, Leviibond and Levybond (1995) (-21 DASS), Gross and John emotional regulation (2003), social support Wake et al (1986) and Rutter's Locus of control (1966) were completed. The data were analyzed using Pearson correlation coefficient and multiple regression. The findings of the study showed that There is a negative and significant relationship between the total score of emotional regulation and the reassessment subscale, the total score of social emotional support, and the support of the family, friends and other important people, and the internal Locus of control with the psychological status of elderly people with diabetes. In contrast, there is a positive and significant relationship between the external Locus of control and the psychological state of the elderly with diabetes (P

Keywords : emotional regulation, social support, Locus of control, diabetes, elderly

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