

The relationship between Parenting styles and Academic Motivation with Mental Health and Self-efficacy among High School Students

seyed mohsen mosavi*,leyla moghtader,

Abstract Mental health and self-efficacy are two important psychological structures that can be influenced by different family and individual factors. The aim of current research was to determine relationship of Parenting styles and academic motivation with mental health and self-efficacy among high school students. The research method was descriptive-correlation and Research statistical population was consisted of high school male students of somesara city in the second semester of 2016-2017 academic years. In thus study 226 students were ed Based on krejcie and Morgan's table and by cluster random sampling method and responded to buri Parenting styles (1991), Vallerand academic motivation (1992), najjarian and davoodi (2002) short form of mental health scl-25 and Sherer self-efficacy (1982) Questionnaires. The gathered data was analyzed by SPSS Software version-18 using Pearson correlation and Simultaneous regression analysis. Results of this study showed that there is positive relationship between Authoritative parenting with mental health and self-efficacy ($P>0.01$). There is negative relationship between Authoritarian and Permissive parenting styles with mental health and self-efficacy ($P>0.01$). There is positive relationship between Internal and external educational motivation with mental health and self-efficacy ($P>0.01$). There is negative relationship between Authoritarian and Lack of motivation with mental health and self-efficacy ($P>0.01$). also Parenting styles and academic motivation could significantly predict 60 percent of variance of mental health and 55 percent variance of self-efficacy among high school students ($P>0.01$). These findings indicate the importance of parenting styles and self-efficacy in determining the mental health and self-efficacy of male high school students. **Keywords:** Parenting styles, academic motivation, mental health, self-efficacy.

Keywords : Keywords: Parenting styles, academic motivation, mental health, self-efficacy.

[Islamic Azad University, Rasht Branch - Thesis Database](#)
[دانشگاه آزاد اسلامی، واحد رشت - سامانه بانک اطلاعات پایان نامه ها](#)