

The relationship between mothers rumination and forgiveness with mental health of children

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Abstract The purpose of this study was to investigate the mental and emotional rumination of mothers with mental health of sixth-grade children. The statistical population of this study includes all boys of the sixth grade students studying in the second semester of the academic year of 97-96 and their mothers in Bandar Anzali, which is about 880 according to the statistics the education of Bandar Anzali. The sample consisted of 265 mothers of sixth grade boys who were studying in the second semester of the academic year of 97-96, who were ed by cluster random sampling. Then, Noolen and Hoeksma's rumination questionnaires and the Hutrland Scale of Forgiveness by Student Mothers and the Questionnaire Mental health was also answered by mothers of students regarding their children's mental health. The data were analyzed using Pearson correlation and regression analysis. The results showed that there is a positive relationship between the forgiveness, mental health and its components, and there is a reverse relationship between mental rumination and mental health and its components. Between mothers forgiveness and hyperactivity of boys, between mothers forgiveness and anxiety of boys and between remission of mothers and disobedience of boys (p

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