

Relationship between religious orientation, dimensions of love and cognitive distortion with marital adjustment in housewives of Rasht city.

fatemeh noorani*,

Abstract : The purpose of this study was to investigate the relationship between religious orientation, dimensions of love and cognitive distortion with marital adjustment in housewives of Rasht city. This research is a correlation and application-oriented perspective. The statistical population of this study is all housewives in Rasht city. The sample size was performed using available sampling method women referring to the base of Basij Mahdieh and Basij Seyed Roghieh bases. Accordingly, considering that four variables were used in this research, each variable was fifty and so 200 people were ed as the sample size. Data were gathered by religious orientation questionnaires Allport and Ross (1950), Hendrick and Hendrick (1986), Cognitive Distortion Measures of Abdollahzadeh and Salar (2010) and Spanair's marital adjustment (1976). Data analysis was performed using SPSS20 software and multiple linear regression tests. In examining the main hypothesis of the results, there was a positive and significant relationship between religious orientation and dimensions of love and a negative and significant relation between cognitive impairment and marital adjustment. The results of the first hypothesis showed that there was a positive and significant relationship between internal religious orientation and marital adjustment. The results of the second hypothesis showed that there is a relationship between the components of love making style and marital adjustment. Beta coefficient (β), romantic style, friendly style, realistic style and devotional style positive and significant, beta coefficient, elemental style elements and erotic style were negatively and significantly reported. The results of the analysis of the third hypothesis also showed a negative and significant relationship between

the components of cognitive distortion and marital adjustment. Beta coefficient (β) of all or none of the components, exaggerated generalization, subjective filtering, neglect of positive affairs, hasty conclusions, coarseness / microbiology, emotional reasoning, better/ better labeling, and negative and significant personalization have been reported. **Keyword: Religious orientation - Dimensions of lovemaking - Cognitive distortion - Marital adjustment**

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