

Relationship between early maladaptive schemas and coping styles with emotional intelligence and addiction in high school girl students

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Abstract: The purpose of this study was to investigate the relationship between early maladaptive schemas and coping styles with emotional intelligence and addiction in high school girl students. The present study is a descriptive and correlational study. The statistical population of this study was all female students of state and nursing secondary schools in district 2 of Rasht in the academic year of 97-96. The sample size was 384 persons using Morgan table. Accordingly, the sampling method is a multi-stage cluster. The tools used in this research were Yang's Early Maladaptive Schema Scale (YSQ-SF), Lazarus Coping Strategies Questionnaire, Meyer's and Salvoy's Emotional Intelligence Questionnaire, and standard addiction preparedness questionnaire. The results showed that the early maladaptive schema and coping styles predict the addictiveness of high school girl students, and also the early maladaptive schemas and coping styles, predict the emotional intelligence of high school girl students. **Key words:** Early maladaptive schemas - Coping styles - Emotional intelligence - Addictive

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