

# **Comparison of emotional well-being, perceived stress and social adjustment in divorced and normal children of Rasht city.**

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The purpose of this study was to compare the emotional well-being, perceived stress and social adjustment in divorced and normal children in Rasht city. For this purpose, the statistical population of this study included all divorced and normal children who studied in elementary school girls and boys in the fourth, fifth and sixth grade of the first and second district of Rasht during the academic year 1396-1397. In this regard, 100 people (50 divorces and 50 normal families) who were studying at grades four to six of one of the elementary schools in Rasht were selected through available sampling. The instruments used in this research were Kayserz and Maghremou Subjective Well Being Questionnaire (2003), perceived stress scale of Cohen et al. (1983) and Sina and Singh (1993). For data analysis, multivariate analysis of variance and independent t-test were used. The results showed that between divorced and normal children in emotional well-being, perceived stress, social compatibility a significant difference was observed. It can be concluded that the children of divorced families have a higher rate of stress and social and emotional disadvantages that are often neglected in the school. Proportionally, the findings suggest that paying attention to divorced children and training the necessary skills, especially in schools, which will promote the relationship between these children and the community and increase their level of performance in the present time as well as in the future.

**Keywords : Emotional Welfare - Perceived Stress - Social Adjustment**

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