

The relationship between Mindfulness and perceived social protection with the quality of life of mothers of children with hearing impairment

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The quality of life affects the deaf child's parents a variety of factors, including social awareness and social support. The purpose of this study was to determine the relationship between perceived mental awareness and perceived social support with the quality of life of mothers of children with hearing impairment. The research method was descriptive correlational. The statistical population of this study included all mothers of hearing impaired children under the welfare organization of Rasht, in the spring of 2018, there were 150 patients. According to the Morgan table, the criteria for entering and leaving the study were determined by random sampling method of 105 people and Questionnaires. The five questionnaire of Mindfulness, Multi-dimensional Perceived Social Support, and Quality of Life of the World Health Organization were completed. The data were analyzed using Pearson correlation coefficient and multiple regression. The findings of this study showed that there was a significant difference between the total score of mindfulness and the subscales of observation, description, action with awareness, non-judgment and non-response, and between the total score of perceived social support and the subscales of family support, support of friends and (P

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