

# **Study of metacognitive beliefs in predicting mental attitudes, interpersonal conflict and academic adjustment of middle school students**

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**Abstract** The purpose of this study was to study the role of meta-cognitive beliefs in intellectual rumination, interpersonal conflict and academic compatibility of high school girl students. This research is a correlational research. The statistical population consisted of all secondary school students in Rasht, who studied in the academic year of 96-97, which were about 19000. The research sample consisted of 377 high school female students ed randomly by cluster sampling method and Interpersonal Problems Scale questionnaire, meta-cognition questionnaire, educational compatibility questionnaire (Sins & Singh) have been running on them. The results were analyzed using Pearson correlation test and multivariate regression. The results of correlation analysis showed that there is a relationship between meta-cognition and intellectual rumination variables, interpersonal conflict and academic compatibility (p

**Keywords :** **Keywords:** Learning Meta-cognition, Intellectual rumination, Interpersonal conflict, Academic compatibility, Girl students

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