

Study of the emotional attitude of mothers of mentally retarded children, autism spectrum and learning disabilities toward their children

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Parents' positive or negative attitude toward children with their particular needs, lead to emotional states that correspond to those attitudes in the child, parents, and other family members Therefore, it is important to evaluate the attitude of the parents towards the children with their needs and provide a program for improving attitudes. So, the type of study in this research is a reference in which the attitudes of mothers who have children with mental disabilities, autism spectrum and learning disabilities are studied with each other. The statistical population of this study was the mothers of children with autistic spectrum, learning disabilities and mental retardation in the exceptional elementary schools of Tehran in the academic year of 97-96. The sample consisted of 3 groups of 40 mothers of mentally retarded children and mothers of children with learning disabilities and mothers of children with the autism spectrum who were ed the community and elementary school through multi-stage cluster sampling. According to the results of this study, the mothers of these three groups of children with special needs responded favorably in accepting and affection; mothers of children with autism had a moderate attitude toward their children in terms of shame, failure, frustration, and support Extremist and general attitudes ,while the mothers of children with mental retardation are in the shameful, frustrated and frustrated attitude of these mothers, they are undesirable and low, but in extreme support they have a good and high attitude, and these components in mothers with children have the learning disability in terms of shame components Frustration, frustration and despair are desirable and high, but in extreme support they have an undesirable attitude. Also, the mean of learning disability group was

significantly higher than the group of autism and mental retardation with a significant level of p

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