

Relationship between academic burnout, academic satisfaction and irrational thoughts with academic procrastination Eleven Elementary Girls

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the purpose of the research Present study is to determine the relationship between academic burnout, academic satisfaction and irrational thoughts with school leavers in eleventh grade theoretical. The research method was descriptive correlational. The statistical population of the study consisted of 500 female students of the 11th theoretical school in Bandar-e Anzali, who were studying in secondary schools during the academic year of 1998-98. Based on Morgan's table, 217 students of eleven-year-old female students were ed through random cluster sampling. Jakarta Educational Inventory Questionnaire (2011), Jokar & et,al Educational Satisfaction Test (1999), Maslach Educational Burnout Questionnaire (1981), and Jones Irrational beliefs test (IBT) (1968) were used. The data were analyzed using Pearson correlation coefficient and stepwise regression. Research findings show that academic pay increases with increasing academic burnout. ($\alpha = 0.01$ and $r = 0.74$), and with increasing academic satisfaction, academic procrastination decreases ($\alpha = 0.01$ and $r = 0.42$), with an increase in irrational thoughts, the need for confirmation of others ($32 / 0 = r$), the tendency to blame ($r = 0.32$), reaction to failure ($r = 0.50$), emotional irresponsibility ($r = 0.52$), anxiety-related worries ($r = 0.31$), Avoiding problems ($r = 0.31$), dependency ($r = 0.47$), helplessness toward change ($r = 0.26$) and perfectionism ($r = 0.35$), academic neglect increases, but between The irrational thinking of high expectations and academic neglect have not been significantly correlated. Regression analysis showed that the components of pessimism and lack of efficiency (the components of academic burnout) and irrational thoughts and dependence, perfectionism and reaction to failure and academic satisfaction had a major

contribution to the correlation between variance of academic pay.

Keywords : : academic burnout, academic satisfaction, irrational thoughts and academic procrastination

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