

Design of an elderly nursing home in Rasht with the approach of life satisfaction improvement

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According to the latest census, a large part of the world's population is aged 60 years and over in the next 50 years. By 2050, the population of over sixty years old will reach 2 billion people worldwide. And this means that for every five people there is an elderly person. This excessive aging of the population and the industrialization of societies and the forgery of the elderly on the other, has made the elderly and the way of life just an acute problem. Therefore, attention to elderly accommodation spaces based on their attitudes and behavior and design principles, as an area that has not been summarized yet, We took a close look at the precise, more in-depth look at the pillars, principles and findings of the group who were looking for solutions to this problem. In this research, we design the basic concepts related to the level of satisfaction of the elderly (the physical and mental needs of the elderly, social interaction, security) in the configuration and design of the set. Currently, most of the services provided to the elderly include only services related to seniors' housing for the elderly and health services, which, according to international standards, have not been successful in satisfying users. On the other hand, the lack of recreational and leisure facilities in order to spend leisure time in this stratum is strongly felt by the community. In this regard, according to studies conducted in different countries of the world that have faced the challenge of population aging, it was decided that the best way to respond to these needs was to design a health center for elderly people. So that the living environment of the elderly can be designed using a residential satisfaction approach that will provide the best possible response based on international standards and specific characteristics of the elderly in Iran. The research method is descriptive-analytic. In this research, the hypotheses are analyzed using SPSS software and questionnaire. The sample population of this study is 384 elderly residents of Rasht city. The results indicate that the measures of community

interaction, security, physical factors, and the configuration of the building and the physical and mental needs of the elderly affect the level of satisfaction of this stratum. The spatial layout and Depth Map software have been designed to examine the level of security and social interactions in the elderly's home. The results of this section show that the designed space has these components at a high level and as a result Satisfaction can be provided by its residents. Key words: Elderly, Housing, Satisfaction, Nursing home

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