

Study of early maladaptive schemas, perceived parenting styles, and cognitive-emotional regulation strategies with marital disturbance

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The purpose of this study was to investigate the relationship between early maladaptive schemas, perceived parenting styles, and cognitive-emotional ordering strategies with marital disturbance. The statistical population of this study includes the middle-aged middle-aged martial arts of the eastern province of Guilan in the academic year of 1964-97 (4,655). The research sample consisted of 351 of the above mentioned cultures ed by cluster sampling. In order to collect data, Yang's (2005), Yang Scheme (1998), Garnowski's Emotional Ordering, Crochet and Spinhaven (2002), and Paynes's Marital Funeral Questionnaire (2004) questionnaire were used for perceived parenting practices (2005). Data were analyzed using Pearson correlation coefficient and stepwise regression. The results showed that there was a relationship between early maladaptive schemas, perceived parenting styles, and cognitive-emotional ordering strategies with marital malocclusion (P (0.01)). There was a relationship between early maladaptive schemas and marital malady. The results of regression also explained 70% of the variance of marital disturbance in 10 steps (Ppy 0.01). There was a relationship between perceived parenting styles and marital disturbance. Regression results in 7 steps have also been able to explain 47% of the variance of marital disturbance (Ppy 0.01). There was a relationship between cognitive-emotional ordering strategies and marital disturbance. Regression results in 3 steps can explain 10% of the variance of marital disturbance (Ppy 0.01). Conclusion: Using variables of early maladaptive schemas, perceived parenting styles and emotional cognitive regulation strategies, one can predict the variance of marital distress.

Keywords : Early maladaptive schemas, Perceived parenting styles, Cognitive-

emotional ordering strategies, Marital disturbance.

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