

# **The Relationship between Emotional Intelligence, etacognitive Awareness and Academic Self-Conformation of First secondary school students in Guilan province, Rasht city**

Maral Amiri\*,Dr. Gholamhosein Alaei,

**This research was conducted with the aim of the relationship between emotional intelligence, meta-cognitive awareness and academic self-management in high school female students of Guilan province, Rasht, Iran. This is a correlation study. The statistical population of this study is all the first-year female students of the district of Rasht city who studied in the academic year 95-94, with a total of 1,200 students. In this research, according to the population of the population, 180 students were ed by random sampling method, Shoot Emotional Inventory (1998), Mokhtari and Richard Metacognitive Awareness Questionnaire (1960) Been running on them. The results were analyzed using Pearson correlation analysis and simultaneous regression analysis in Spss23 software. The findings of the correlation analysis showed that there is a significant relationship between emotional adjustment and self-sufficiency, assessment and expressing of emotion with self-sufficiency and excitement utilization with educational self-sufficiency at P**

**Keywords : Key Words: Emotional Intelligence, Metacognition, Educational self-sufficiency.**

[Islamic Azad University, Rasht Branch - Thesis Database](#)  
[دانشگاه آزاد اسلامی، واحد رشت - سامانه بانک اطلاعات پایان نامه ها](#)