

The Effectiveness of Emotion Regulation Training on Marital Conflict and the Social Welfare of Women Under Domestic Violence

Sara Habibzadeh*,

Women under domestic violence have major marital problems and social well-being, and the role of emotional regulation is significant in modifying these variables. The purpose of this study was to Effectiveness of Emotion Regulation Training on Marital Conflict and the Social Welfare of Women Under Domestic Violence. The research method was semi-experimental design with pretest-posttest design with control group. The statistical population of the study consisted of all women with domestic violence who were referred to the forensic medicine center of Rasht in the last quarter of 2019 in approximately 320 people. A sample of 30 people (15 in the experimental group and 15 in the control group) was ed based on the criteria for entering and leaving the study using available sampling method and Sanai Marital Conflict Questionnaire (2000) and Kiz and Magharmo Social Well-Being (2003) completed. The data were analyzed using one-variable and multivariate covariance analysis. Findings showed that the training of emotional regulation on reducing marital conflicts and reduction of cooperation components, reducing sexual communication, increasing emotional response, reducing family relationship with spouses and friends, and separating finances each other, as well as increasing social well-being Women are affected by domestic violence (P

Keywords : Emotion Regulation, marital conflicts, social welfare, domestic violence.

[Islamic Azad University, Rasht Branch - Thesis Database](#)
[دانشگاه آزاد اسلامی، واحد رشت - سامانه بانک اطلاعات پایان نامه ها](#)