

Anthropometric and physiological factors norm access some features 12_14 year old students Meshkinshar and comparison with standard soft state

Ramiz Torabi KHiavi*,Mojtaba mohammadzadeh,

The purpose of the present study was to determine the relationship of some anthropometric index to physical fitness factors in adolescent students 12 to 14 years old in city of meshkinshar. 250 students meann height ($143/87 \pm 0/71$ cm) and weight ($32/91 \pm 0/21$ kg), mean age ($12 /34 \pm 0/26$ years) through targeted sample were ed and using colis and tape measure making of feature was anthropometric measure of physical fitness factors making running 540 meters, running 45 m speed, running of 4×9 m (dexterity), sit and reach was used for flexibility. Using caliper, subcutaneous fat, two points of subscapular and triceps were measured and using the equation Aslater & etal body composition testing were calculated. Analysis Descriptive statistics and Pearson correlation method for Determining correlation among variables and between preductive and criteria variables statistical criteria using SPSS 18 was used (p

Keywords : Anthropometric, physiological index, Meshkinshar, adolescent

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