

The relationship between empathy, alexithymia and interpersonal problems in adolescents in Rasht

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Abstract: The main purpose of this study is to investigate the relationship among empathy, alexithymia and interpersonal problems in high school students in Rasht. 240 male and female students were randomly selected using Simple Random Sampling Method. Empathy Scale, Toronto Alexithymia Scale (TAS-20) and Interpersonal Problems Questionnaire (IPP) were administered. The results show that there is a negative and significant relationship between empathy and interpersonal problems and a positive significant relationship between alexithymia and interpersonal problems (P

Keywords : Key words: empathy, alexithymia, interpersonal problems

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