

# **Mughourat and Resurrectionist the perspective of experimental science**

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**The issue of asceticism is one of the most important issues in human life, if one considers the discussion of man as the creature Ashraf, whose existential form is composed of both physical and spiritual dimensions and its effects on the health and growth of cells. And we examine the tissues and organs of the body, as well as their effects and psychological manifestations, and we will see that proper nutrition and motives and observance of eating and drinking will guarantee a healthy human life and his or her future well-being. The opinions of the jurists, and the compatibility of these valuable opinions and opinions with some. Research has been researched, evaluated and concluded on the reasons and criteria for Khamseh's ruling on nutrition as well as eating and drinking practices. According to the studies conducted in this study, the results of the findings indicate that the reasons for the peculiarities of the Khamseh and the Prophet's flows are due to the influence of their compounds and contents on the human psycho-psychological system. The effects may in some cases disrupt the digestive system or produce a variety of diseases and cancers in the human body or disrupt the neurological and psychological balance, thereby destroying the rational decision-making power in the actions of the body's thoughts and actions. Correct thinking in the face of difficulties and even some moral and behavioral abnormalities in daily life It gets. The end result of this research shows that the holy lawmaker, based on his mature wisdom to live a healthy life without the concern of the world and to attain to the Hereafter bliss and to be saved the painful torment of hell, is dangerous to the health of the body or life. It is harmful to the abuser and is known to be beneficial to human health. It was also found that the findings of the empirical sciences are related to the doctrines of the doctrine and the asceticism in line with religious teachings.**

**Keywords : Prayer and Astrology, Abandonedes, Sacraments, Verses and Traditions, Jurisprudence, Experimental Sciences.**

