

Relationship of Attachment Styles with Emotional Reactivity and Self-Assertiveness in Students of Rasht Azad University

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The purpose of this study was to determine the relationship between attachment styles with emotional reactivity and self-expression in students of Rasht Azad University. This is a descriptive correlational study. The statistical population includes all the students of Rasht Azad University during the second semester of academic year 1389-97 with approximately 12000 students. Sample size 368 persons were ed by multistage random cluster sampling. The Adult Attachment Styles Questionnaires of Hazen and Shaver (1987), Gambryl and Ritchie (1975), Garnefsky et al. (2001) Cognitive Emotion Regulation Questionnaire were used to collect data. Data were analyzed using Pearson correlation coefficient and stepwise multiple regression by SPSS software. Results showed that there was a significant positive relationship between avoidant insecure attachment style and anxiety-ambivalent insecure attachment style with negative emotional responsiveness; and a positive and significant relationship between secure attachment style and positive emotional responsiveness (P

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